

SUPPLEMENTAL MATERIAL

Table S1. Measurement of Physical Activity by Device Manufacturer*

Manufacturer [†]	Activity Measurement
Boston Scientific	D-PA is continuously recorded and interpreted by a proprietary algorithm to determine whether a patient is ‘active’ or ‘not active’ for a given minute. When patient acceleration exceeds a pre-set threshold of 25 milligravities - equivalent to an approximate walking speed of 2 miles per hour or energy expenditure of 2.8 METS– an “active minute” is recorded. Based on established MET level categories (activity \leq 2.99 METs = light intensity), ¹ D-PA measured by these devices is considered light-intensity activity. A mean value for the amount of time a patient is active each day is calculated and stored in device memory for up to 1 year. ²⁻¹⁰
Medtronic	D-PA is continuously recorded and interpreted with a proprietary algorithm that calculates the total number of active minutes per day based on a pre-set threshold. Patient acceleration that is equivalent to a walking rate of approximately 70 steps per minute is considered an active minute. Since a stepping rate equal to 100 steps/minute is considered moderate-intensity physical activity, ¹ D-PA measured by Medtronic CIEDs falls between light and moderate-intensity activity (e.g., walking at a slow pace). A summary score for total activity in minutes per day is automatically calculated and stored in device memory for up to 14 months. ¹¹⁻²⁸
Biotronik and St. Jude	Less information is readily available concerning Biotronik and St.Jude devices, however, both describe time for which sensor input exceeds resting heart rate. In prior studies, Biotronik D-PA data are reported as the percentage of time a patient is active each day ^{29, 30} whereas St. Jude devices report daily activity in units of hours/day. ²⁷

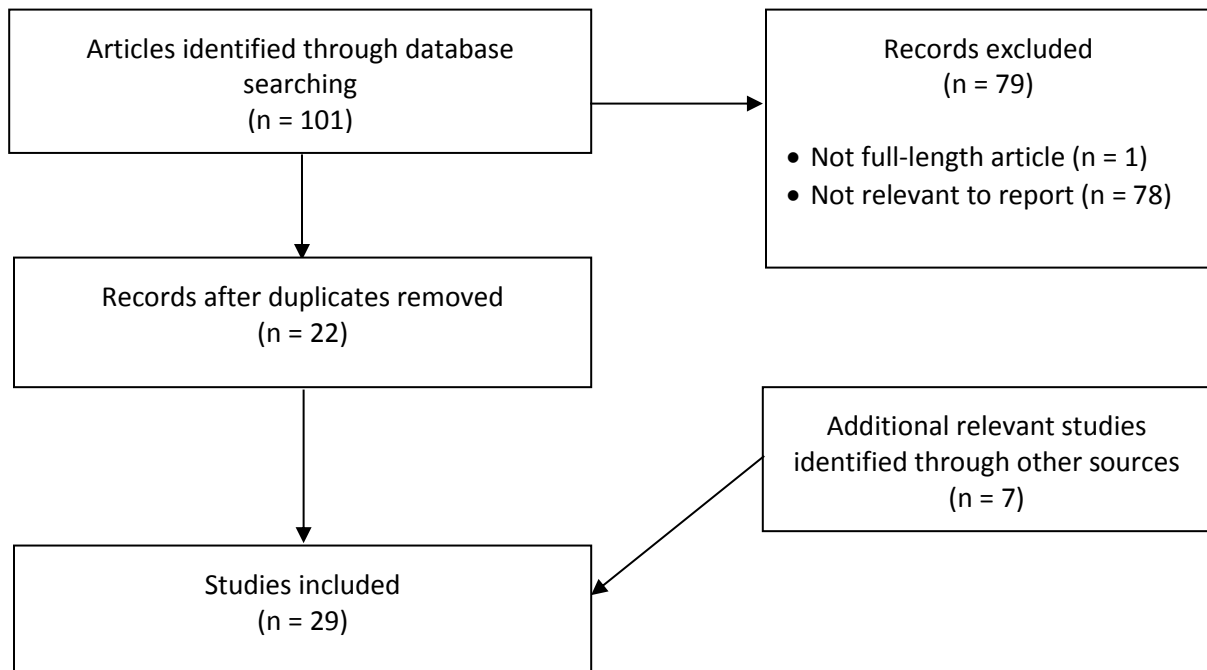
*Information was obtained from publications in peer-reviewed journals and data publicly available on manufacturers websites.

[†]Device manufacturers: Boston Scientific (formally Guidant Corporation; Boston Scientific Corp, Natick, MA); Medtronic (Medtronic Inc., Minneapolis, Minnesota); Biotronik (Biotronik, Berlin, Germany; and St. Jude Medical device (St Jude Medical Inc., Sylmar, California).

Table S2. Summary of the Strengths and Limitations of D-PA Technology and Extant Research.

Strengths
<ul style="list-style-type: none"> • CIED accelerometers are built directly into the device and do not require patient participation or additional costs to obtain long-term activity measurements. In contrast, only 12.5% of adults in the US own a wearable fitness tracker (e.g., Fitbit or Actigraph watches, or cellphone app-based tracker)³¹ and data from wearable activity trackers are rarely included in medical records. • Device diagnostic information and activity data are collected concurrently and stored for extended periods, making this information uniquely well-suited for examining clinical trends over time, and for longitudinal research. • CIED accelerometers provide continuous objective activity measurement compared to patient-reported activity, which is subjective and less accurate, and traditional activity questionnaires may increase provider and patient burden.^{32, 33} • D-PA data are readily available (via device manufacturers) and routinely uploaded into patient electronic-medical records (via device interrogation reports), creating immediate opportunities for use in both research and clinical settings.
Limitations
<ul style="list-style-type: none"> • CIED accelerometers were developed for the primary purpose of rate-responsive pacing and were not designed to capture data concerning activity type or intensity. • Whether CIED accelerometers are sensitive to detecting D-PA from a broad range of activities (e.g., bicycling, swimming, household chores) is unknown.^{8, 17} • Thresholds used to infer meaningful activity from CIED accelerometers differ across manufacturers. • Underrepresentation of women and racial and ethnic minorities limits the generalizability of D-PA findings. Only one published study has examined D-PA in pediatric device patients and activity data in patients with pacemakers is limited. • Heterogeneity in the measurement of D-PA (3 published studies²²⁻²⁴ used a ‘visual estimate’ based on activity graphs obtained from clinical reports to measure patient activity) and mortality (deaths reported in clinical trials vs. data obtained from the Social Security Death Index)⁸ contribute to inconsistent findings across studies. • Few studies adequately controlled for clinical factors that can influence daily activity in device patients (e.g., episodes of ICD shock and time spent in hospital), or for medical conditions, injuries or symptoms that interfere with ambulatory movement measured by CIED accelerometer (amputation, chronic pain, pulmonary disease, peripheral artery disease, diabetic neuropathy, and osteoporosis).

Figure S1. PRISMA Diagram.



Supplemental References:

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